

# Peanut/Nut-Free Snacks\* (updated 9/19/11)

## Fruits

All fresh fruit  
Dole Fruit Bowls  
Del Monte Fruit To-Go Cups  
Sun-Maid Raisins (*not chocolate covered*)  
Applesauce Cups  
Motts Fruit Blasters Applesauce Tubes

## Vegetables

All Fresh Vegetables Including:  
Carrots with Dip  
Celery Sticks with Cream Cheese or Dip

## Gummy Snacks

(*Not Brachs.*) Only Betty Crocker or Nabisco Fruit, Kelloggs

Snacks including:  
Fruit Roll-Ups  
Fruit By The Foot  
Gushers  
Any Fruit snacks by Betty Crocker or Kelloggs

## Cookies

Nilla Wafers  
Oreos & Mini Oreos (*not mint-creme*)  
Chips-A-Hoy (*not minis*)  
Bisco Wafers  
Teddy Grahams  
Pepperidge Farm - Milano, Chessmen, Shortbread  
and Sugar Cookies  
Keebler - Butter Cookies, Grasshopper Cookies, Bug Bites,  
Vanilla Wafers, Grahams Dipping Delights, Scooby Doo  
Sticks  
Nabisco - Barnum Animal Crackers, Oatmeal & Iced  
Oatmeal Cookies, Cameo Cookies, Fig  
Newtons, Kool Stuff Strawberry Seas Bars  
Hostess Ho-Ho's & Twinkies  
Rice Krispie Treats (*plain only*)  
Nutri-Grain Apple Cinnamon/Brown Sugar Twists  
Poptarts

## Salty Snacks

Rold Gold Pretzels/Kitchen Cook Pretzels  
Snyders of Hanover Pretzels  
Ruffles Potato Chips  
Lays Potato Chips  
Fritos  
Doritos (*not crackers*)/Dorito Munchie Mix  
Cheetos  
Tostitos  
Pringles (*original only*)  
Popcorn - Pop Secret, Orville Redenbacher,  
Healthy Choice)

## Crackers

Honey Maid - Cinnamon Grahams & Sticks, Honey  
Grahams & Sticks  
Ritz Crackers (*plain only, not sandwiches*)  
Keebler Club Crackers (*original only, not  
sandwiches*)  
Nabisco Saltines  
Sunshine Cheez-Its  
Triscuit  
Wheat Thins  
Wheatables

Pepperidge Farm Cheddar Goldfish (only plain, pretzel  
or cheddar. *Not Cinnamon Grahams*)  
Sargento- Mootown Crackers & Cheese Dip  
Keebler Town House Crackers  
Sportz Cheddar Crackers  
Kraft Handi-Snacks Cinnamon Graham Crackers  
w/Applesauce Dip  
Kraft Handi-Snacks Crackers with Cheese Dip

## Jellos and Puddings

Hershey Chocolate Pudding Tubes  
Kraft Handi-Snacks - Wacky Gels, Vanilla & Chocolate  
Pudding  
Hunts - Juicy Gels, Vanilla & Chocolate Pudding  
Jello - Gelatin Cups, X-treme Jello Tubes, Vanilla,  
Chocolate & Oreo Pudding  
Dole Fruit-n-Gel Bowls  
Delmonte Fruit & Gel To-Go Bowls

## Frozen Treats

Minute Maid - Juice Bars, Fruit & Cream Swirls,  
Frozen Lemonade  
Good Humor - Fudgesicles, Popsicles, Fire Crackers,  
Great Whites, MicroPops, and Scribblers  
Nestle - Icecreamers Flintstones  
Rainbow Sherbet Treats & Juicy Juice Frozen Juice  
Pops  
Lick-A-Colors  
Tropicana Fruit Juice Bars  
Welch's Fruit Juice Popsicles  
ICEE Frozen Treats

## Misc.

Cheese  
Yogurt (*not soy brands*) - Gogurt, Danimals, etc.  
T. Mazettis Carmel Apple Dip (with apples)  
Pizza - Papa Johns, Dominoes, Papa Murphy's, Monical's,  
Avanti's  
Candy - Starburst, Skittles, Twizzlers, Hershey Milk  
Chocolate Bars (*not with almonds*) and Hershey Kisses  
(*not with almonds & not Hugs*), Milk Duds, DOTS, Sour  
Patch Kids, and Tootsie Rolls, Ring Pops, Dum Dum  
Suckers, Spangler Candy Canes  
Doughnuts - Krispy Kreme "Original Glazed" only  
(*only from the store - with or without sprinkles.*  
*Not pre-packaged from a grocery store*)  
Jet Puffed Marshmallows  
Avanti's - Gondolas

**\*Important:** Due to continual changes in manufacturer packaging and processing, please read the ingredient label of your snack chosen from this list to ensure that it does not contain any of the following... peanuts/nuts, peanut/nut butter, peanut/nut oil, peanut/nut flour, peanut/nut meal, or any of the statements "May contain traces of peanut/nuts" or "Manufactured in a facility that also processes peanuts (and/or other nuts)".